

Free Previews for The Power of Purpose online course

Get a sneak peek into the life-changing Power of Purpose online course for free and discover how it can transform your life!

Join Janet Cohen and Reina-Shay Broussard for a free preview of our highly anticipated course, The Power of Purpose. This event is online, allowing you to participate from the comfort of your own home. Discover the life-changing benefits of finding your true purpose and learn how it can positively impact every aspect of your life. Don't miss this opportunity to gain valuable insights and unleash your potential. Sign up now for this exclusive preview!

In our free preview, you will:

- Identify results you want to create.
- Explore the power of intention.
- Experience the two different motivational states from which we create.
- Identify some of the challenges & unconscious stumbling blocks that keep you from your goals.

These free previews, on August 27 & September 17 at 6-8pm CDT/ 7-9pm EDT will give you an introduction to the main course, The Power of Purpose, which will be offered online (see details below).

The Main Course: The Power of Purpose



The Power of Purpose

The Power of Purpose online course

The Power of Purpose is an Open Access Course licensed by the More To Life Foundation. This course is delivered by Janet Cohen and Reina-Shay Broussard, Licensed Facilitators.

This powerfully effective course covers all areas of personal and professional life - you choose the main focus and key areas that matter to you in your life right now.

What do you really want out of life?

Sometimes, when it feels like we're going through the motions, this question seems too big to even think about. But there are things you can do right now to find more meaning and motivation in your day-to-day life. This course will empower you to get to the heart of what truly matters to you.

In this course, you will:

- Focus on creating the results you really want
- Explore the power of intention
- Understand & overcome procrastination
- Motivate yourself through clarity & choice
- Identify & clear away unconscious stumbling blocks
- · Relieve pressure & stress

- Experience the energy that flows from purposeful action
- · Discover your life purpose

This course will be offered online:

6 consecutive Tuesdays: Oct 1, 8, 15, 22, 29, & Nov 5, 2024 at 6-9 pm CDT/ 7-10 pm EDT.

\$295 full fee for 6 sessions \$265 if registered by Fri, Sept 20, 2024 \$225 limited scholarships/retakes (by Fri, Sept 20--contact facilitators to discuss)

Register for The Power of Purpose Course

About the Licensed Facilitators



Janet Cohen

Janet Cohen is a 40-year veteran of More to Life and a Licensed Facilitator and certified professional coach. Janet was one of the first mentors and coaches in the program, taught Mastery classes, and served as Training Supervisor for the first Way of a Warrior program in 1988. Janet has a degree in Individual and Family Studies from The Pennsylvania State University. For more than 30 years, Cohen has raised consciousness and millions of dollars for nonprofit organizations while teaching them to do the same. Cohen is the mother of an adopted child who expects to receive her degree in graphic design in 2024.



Reina-Shay Broussard

Reina-Shay Broussard took the More To Life Weekend in the summer of 2000, has served in just about every role available on more than 30 More To Life teams, and has attended three residential advanced courses. She credits the More To Life tools and processes for her ability to have presence, purpose, and gratitude in her life in spite of a debilitating illness.

Reina-Shay has worked as an ESL/English teacher, acupuncturist and Chinese herbalist, freelance editor, and now a spiritual director and Licensed Unity Teacher. She is currently a student in interfaith-interspiritual seminary and will graduate as an ordained interfaith-interspiritual minister in June 2025.

Contact the Facilitators

Janet Cohen
713-252-3700
janet.cohen@moretolife.org

Reina-Shay Broussard 281-435-4363 reinashay@moretolife.org